

[All the ingredients we use in those soba lessons are Pescatarian compatible]

Just for fun soba making | SJF

Soba professional half day | PSH

Soba quick hands-on | SQH

Soba tasting & observation | STO

•**Buckwheat flour** | 蕎麦粉 | **indispensable**

•Wheat flour | 小麦粉 | dispensable with a Wheat-free option, for whom doesn't accept wheat contained soy sauce

•Gluten | グルテン | dispensable with a Gluten-free option, for whom accept soy sauce

•Mirin | 味醂 | dispensable with a Halal option

•**Sugar** | 砂糖 | **indispensable**

•Saké | 酒 | dispensable with a Halal option

•Bonito | かつおぶし | dispensable with a Vegan option

•Vegetable_Negi (Leek siblings) | ねぎ | dispensable for free

•Vegetable_Daikon (Chinese radish) | 大根 | dispensable for free

•Vegetable_Wasabi | 山葵 | dispensable for free